

MICRO LEAGUE OF THE NORTH WEST (affiliated to NCASA)
OFFICIAL TEAM LIST - ALL GALAS SWUM UNDER A.S.A. LAWS

GALA DATE		20.03.11	PB times highlighted in RED		CLUB	LANCASTER CITY	
START TIME		1pm			VENUE	WEST VIEW - PRESTON	
NO.	AGE	EVENT		GIRLS	TIME	BOYS	TIME
1 & 2	12/u	4 x 1 Length Medley Relay	Bck	Millie Sykes	Not	Joe Shaw	19.09
			Brst	Jessica Shatford	Recorded	Adam Leech	23.55
			Fly	Izzy Maher	16.74	Aaron Mason	17.87
			Fc	Olivia Robinson	16.60	Alistair Edwards	17.25
3 & 4	9	4 x 1 Length Freestyle Relay	1	Lauren Helme	23.07	James McCracken	18.01
			2	Pippa Nayar	24.94	Johnny Proctor	30.10
			3	Maisie Richardson	22.79	Harry Shaw	20.28
			4	Larrisa Hannam	26.68	Evan Titley	25.62
5 & 6	10/u	4 x 1 Length Medley Relay	Bck	Lily Maher	23.01	John Glass	21.73
			Brst	Lucy Ip	28.47	Remi McVey	25.88
			Fly	Grace Nolan-Barnes	19.00	Elias Giles	19.78
			Fc	Lucy Tidswell	19.41	Shea Hannam	17.70
7 & 8	11/u	4 x 1 Length Freestyle Relay	1	Ellie Muncaster	17.09	Alistair Edwards	17.51
			2	Ellie Starkie	18.61	Kit Nolan-Barnes	20.19
			3	Holly Salisbury	16.69	Adam Leech	15.97
			4	Amy Shaw	19.72	John Glass	19.06
9 & 10	9	1 Length	Free	Lauren Helme	23.60	James McCracken	17.77
11 & 12	10	2 Lengths	Brst	Lucy Ip	59.62	Remi McVey	52.73
13 & 14	11/u	2 Lengths	Bck	Holly Salisbury	41.61	Alistair Edwards	41.98
15 & 16	12/u	2 Lengths	Fly	Olivia Robinson	39.77	Aaron Mason	40.89
17 & 18	9	1 Length	Brst	Maisie Richardson	31.39	Harry Shaw	26.31
19 & 20	10	2 Lengths	Bck	Lily Maher	49.29	Elias Giles	43.54
21 & 22	11/u	2 Lengths	Fly	Ellie Muncaster	41.41	Adam Leech	39.80
23 & 24	12/u	2 Lengths	Free	Izzy Maher	32.57	Joe Shaw	34.32
25 & 26	9	1 Length	Bck	Pippa Nayar	28.20	Harry Shaw	26.95
27 & 28	10	2 Length	Fly	Grace Nolan-Barnes	46.61	Shea Hannam	47.36
29 & 30	11/u	2 Lengths	Free	Holly Salisbury	36.42	Adam Leech	35.13
31 & 32	12/u	2 Lengths	Brst	Jessica Shatford	42.29	Joe Shaw	44.89
33 & 34	9	1 Length	Fly	Lauren Helme	26.39	James McCracken	23.13
35 & 36	10	2 Lengths	Free	Grace Nolan-Barnes	39.99	Shea Hannam	39.22
37 & 38	11/u	2 Lengths	Brst	Amy Shaw	47.16	Kit Nolan-Barnes	52.51
39 & 40	12/u	2 Lengths	Bck	Millie Sykes	40.32	Aaron Mason	40.98
41 & 42	9	4 x 1 Length Medley Relay	Bck	Pippa Nayar	28.95	Johnny Proctor	29.54
			Brst	Maisie Richardson	33.69	Harry Shaw	29.26
			Fly	Lauren Helme	27.84	James McCracken	23.74
			Fc	Larrisa Hannam	27.65	Evan Titley	24.16
43 & 44	10/u	4 x 1 Length Freestyle Relay	1	Grace Nolan-Barnes	17.98	Shea Hannam	17.70
			2	Lucy Ip	22.56	Elias Giles	18.59
			3	Lily Maher	20.16	Remi McVey	18.87
			4	Stephanie Mason	22.12	John Glass	18.81
45 & 46	11/u	4 x 1 Length Medley Relay	Bck	Holly Salisbury	21.32	Alistair Edwards	20.82
			Brst	Amy Shaw	24.29	Kit Nolan-Barnes	26.27
			Fly	Ellie Muncaster	19.03	Adam Leech	19.17
			Fc	Ellie Starkie	21.47	Shea Hannam	19.32
47 & 48	12/u	4 x 1 Length Freestyle Relay	1	Izzy Maher	15.29	Joe Shaw	15.64
			2	Millie Sykes	17.47	Alistair Edwards	18.56
			3	Jessica Shatford	15.66	Kit Nolan-Barnes	19.56
			4	Olivia Robinson	16.94	Aaron Mason	17.56
49	1 Girl & 1 Boy	8 x 1 Length Mixed Freestyle Cannon	9yr	Lauren Helme	22.09	James McCracken	19.58
			10yr	Grace Nolan-Barnes	17.94	Shea Hannam	19.34
			11yr	Holly Salisbury	17.27	Adam Leech	17.35
			12yr	Izzy Maher	14.97	Joe Shaw	17.44

Team Managers Name : ANDREW DAYKIN **Signature :**

